



When you help one person, the whole community moves forward.

Each day, through the vital work of the organizations we support, we take meaningful action to improve the living conditions of people facing vulnerability.

In 2024, a record amount of \$2.58 million was reinvested in the community thanks to thousands of acts of solidarity. Yet the needs continue to grow every day. And only together can we rise to meet them.

Your generosity supports more than 65 organizations, projects, and initiatives in your region. Its impact spreads like a ripple of hope—reaching far beyond the individual who receives help.



We take care of the essentials

25

SUPPORTED ORGANIZATIONS, COLLECTIVE INITIATIVES, AND PROJECTS

Meeting the basic needs of people in vulnerable situations—ensuring they have access to what is essential to live with dignity.

This means providing hot meals, proper winter clothing, essential hygiene products, and support to find housing or access mental health resources.



We break social isolation

13

SUPPORTED ORGANIZATIONS, COLLECTIVE INITIATIVES, AND PROJECTS

Fighting social isolation means ensuring that no one is left alone, without support or connection to their community.

This can take the form of home visits for seniors, community cafés for newcomers, or support groups for caregivers.



We support youth development

21

SUPPORTED ORGANIZATIONS, COLLECTIVE INITIATIVES, AND PROJECTS

Supporting youth development means creating the right conditions for them to thrive, believe in their potential, and build their future with confidence.

This includes after-school homework support, emotional regulation workshops, and career exploration internships for at-risk teens.



We build caring communities

6

SUPPORTED ORGANIZATIONS, COLLECTIVE INITIATIVES, AND PROJECTS

Building inclusive living environments means supporting spaces and initiatives that encourage everyone to take part in community life.

This means supporting neighborhood houses, intergenerational projects, collective kitchens, or community spaces where people can connect and engage together.

Every action matters. **Every person helped strengthens the social fabric.** Together, let's help our community grow. Your donation to Centraide Laurentides makes it possible.