

A DONATION OF \$ 5 PER WEEK

provides **emergency food assistance** for **5 people**.

A DONATION OF \$ 10 PER WEEK

allows **18 people** to meet with an **addiction professional** to help them through various ordeals.

A DONATION OF \$ 15 PER WEEK

provides 21 days of shelter to **3 homeless women** at an agency that will help them **build confidence and find their place in society** while taking ownership over their decisions and actions.

A DONATION OF \$ 20 PER WEEK

provides **300 places** in workshops to develop self-esteem, confidence and emotional security and thus regain the **power of action** over one's life.

A DONATION OF \$ 25 PER WEEK

provides soup to **433 people** so that they can **eat their fill**.

A DONATION OF \$ 35 PER WEEK

let a street outreach worker directly connect with vulnerable people **30 times** to offer **psychosocial support** or help with their daily activities.